

*Vineyard Nursing Association is a nonprofit, premier home care provider whose mission is to provide compassionate, high quality, and state-of-the-art care for patients and families with acute, chronic, or advanced illnesses.*

**Vineyard Nursing Association's mission is to:**

Provide skilled nursing, restorative and other therapeutic services and homemaker/home health aide services on a part-time, intermittent basis.

Assist in evaluating, promoting, educating, and maintaining the health and welfare of individuals in the community of Martha's Vineyard.

Promote cooperation and collaboration among agencies and providers to improve the health and welfare of the community.



HEALTH & HOME CARE SERVICES

# PAIN MANAGEMENT PROGRAM

**A Multidisciplinary Approach to Managing Pain to Improve Function and Quality of Life**



HEALTH & HOME CARE SERVICES

*Top-rated in the state of Massachusetts for our Pain Management Program.*

*The VNA consistently exceeds Massachusetts state and national scores for home care patient service.*



## VINEYARD NURSING ASSOCIATION

457A State Road

At the Woodland Marketplace  
Vineyard Haven, Massachusetts

*Home health care service  
24 hours a day, 365 days a year.*

*We serve the six towns  
of Martha's Vineyard and  
the island of Chappaquiddick*



## PAIN MANAGEMENT PROGRAM

*A multidisciplinary team approach to address the psychosocial, physical and spiritual effects of pain.*

The Vineyard Nursing Association's program's goal is to provide you or your loved one with:

- Pain and symptom management
- Optimal functioning
- Control of side effects
- Appropriate use of drugs & non-drug therapy

Our nursing staff has advanced and specialized training in the treatment of all types of pain and pain syndromes and has achieved Board Certification in pain management. We use the latest technologies and tools to evaluate your pain and work collaboratively with you and your physician to reduce your pain to a comfortable level and enhance the quality of your daily life.

TO ACCESS SERVICES, PLEASE CALL:  
(508) 693-6184 or (800) 244-6184  
email: [Info@vineyardnursing.org](mailto:Info@vineyardnursing.org)  
[www.vineyardnursing.org](http://www.vineyardnursing.org)

## SERVICES:

- Trained nursing staff with national Board Certification in Pain Management and specialized training in end of life care
- Comprehensive, individualized pain assessment for acute, chronic and non-curable conditions with on-going reassessments
- Education about pain management issues for patients, families, providers and the communities in which they live
- Appropriate treatment with drug and non-drug therapies
- Patient advocacy, case management and communication with treating medical staff
- Complimentary medicine referrals including acupuncture, cranial sacral therapy, massage and spiritual counseling
- Access to pain specialty physicians and treatment centers on and off-Island
- Special attention to the prevention of inappropriate drug use or diversion

## FOR INDIVIDUALS WITH:

- Acute pain
- Chronic pain
- Nerve pain
- Cancer pain
- Other pain syndromes

**Referrals to our program** may be made by physicians, discharge planners, home care agencies, family and patients.

**Insurance** Vineyard Nursing accepts Medicare, Medicaid, most major insurance plans and private pay.

*we put the care in home health care*